



## TRANS CANADA TRAIL

**Length:** 7.5 kilometres

**Use:** Walking, cycling and some rollerblading

**Surface:** Varies

**Challenge:** Flat and accessible, rest stops along the route

**Features:**

- On this route you will see the best of urban Waterloo
- Restaurants and shopping in Uptown
- Parks and rest areas are scattered along route
- Washroom facilities in Waterloo Park
- See map for parking locations

*Part of a Canada-wide trail, we are proud to have it pass through our community. Following the Iron Horse Trail and part of the Laurel Trail, this urban trail links us to our neighbours in Kitchener and Woolwich at the St. Jacobs Farmers' Market. Visit the Trans Canada Trail Pavilion in Waterloo Park adjacent Silver Lake.*

## IRON HORSE TRAIL

**Length:** 5.5 kilometres (Waterloo & Kitchener combined)

**Use:** Walking and cycling

**Surface:** Asphalt with sidewalk link

**Challenge:** Flat and accessible

**Features:**

- A fabulous link between Kitchener and Waterloo
- Part of the Trans Canada Trail
- 'Interpretive' history of the railway along the route
- See map for parking in Uptown Waterloo
- Use caution at street crossings

*Formerly a railway corridor, the Iron Horse Trail continues as a partnership trail between Waterloo and Kitchener. The trail links Waterloo Park to Victoria Park and is popular with rollerbladers.*

## LAUREL TRAIL

**Length:** 8+ kilometres

**Use:** Walking, cycling and some rollerblading

**Surface:** Mixed, stonedust and asphalt

**Challenge:** Flat and accessible

**Features:**

- Follows the Laurel Creek
- Many places to rest and find food and drink along the route
- Public washrooms in Waterloo Park
- Take a stroll around Silver Lake on the History Walk

*The Laurel Trail follows Laurel Creek through Uptown Waterloo where you'll find shopping, restaurants and points of interest such as the Canadian Clay & Glass Gallery, Silver Lake, Abraham Erb Grist Mill, the History Walk around Silver Lake and Waterloo Park on your travels. Continue north through the University of Waterloo to Columbia Lake.*

## FORWELL TRAIL

**Length:** 1 kilometre

**Use:** Walking and cycling

**Surface:** Asphalt and stonedust

**Challenge:** Flat and gentle slopes

**Features:**

- Simply spectacular, adjacent to Forwell Creek
- Enjoy the sounds of the water!
- Mostly well shaded
- Links to Hillside Trail at Lexington Rd.
- See map for on-street parking opportunities

## HILLSIDE TRAIL

**Length:** 3 kilometres

**Use:** Walking and cycling

**Surface:** Stonedust and paved

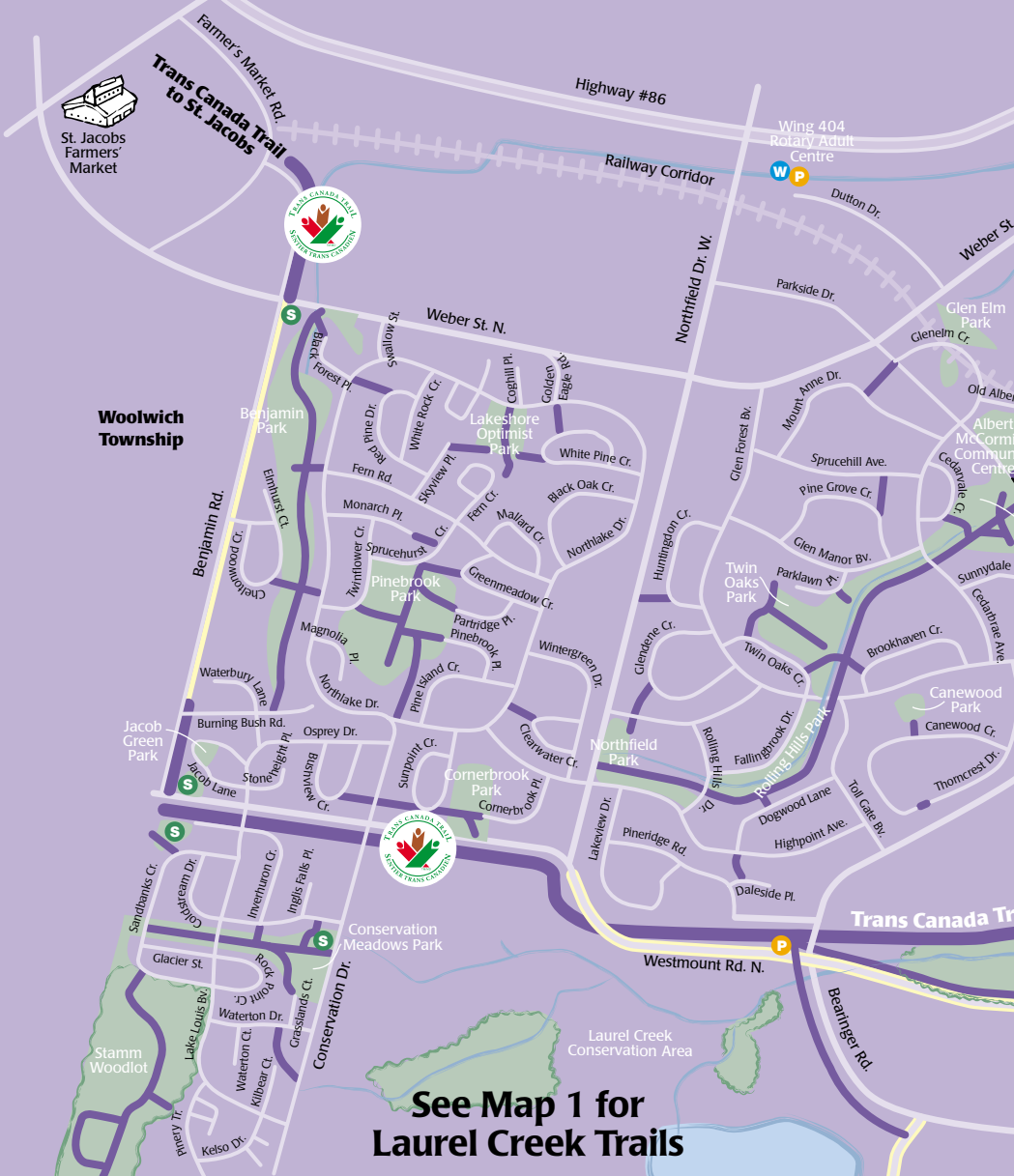
**Challenge:** Flat and accessible with some steeper slopes

**Features:**

- Enjoy Laurel Creek
- Picturesque setting, bird watching
- Well shaded
- Links to Forwell Trail at Lexington Rd.
- Parking at Hillside Park off Marsland Dr.

**DID YOU KNOW?**

Waterloo is a 'Walk, Ride and Roll Community!' Use the trail routes to get to school, work, shopping or to the bus stop!



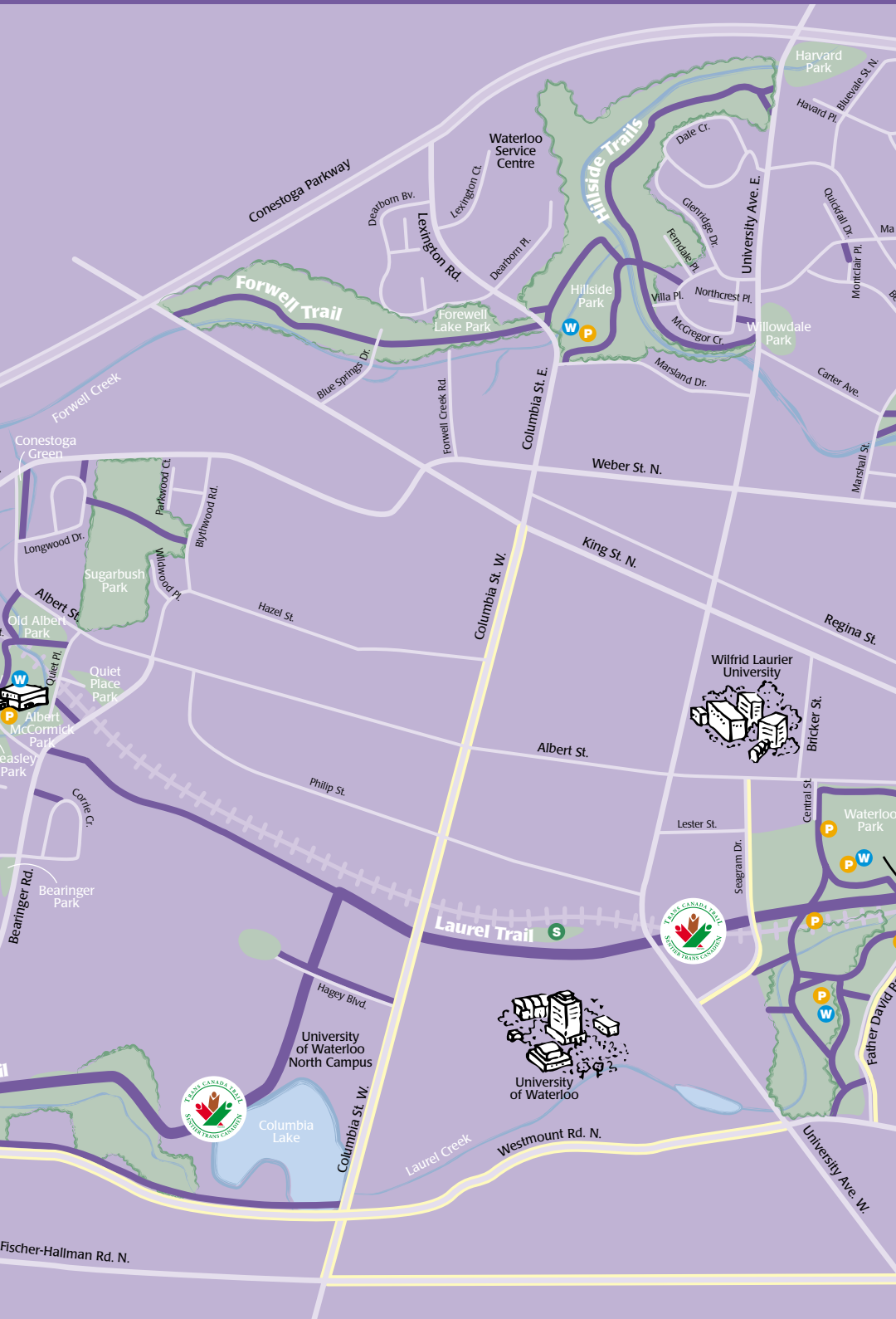
St. Jacobs Farmers' Market

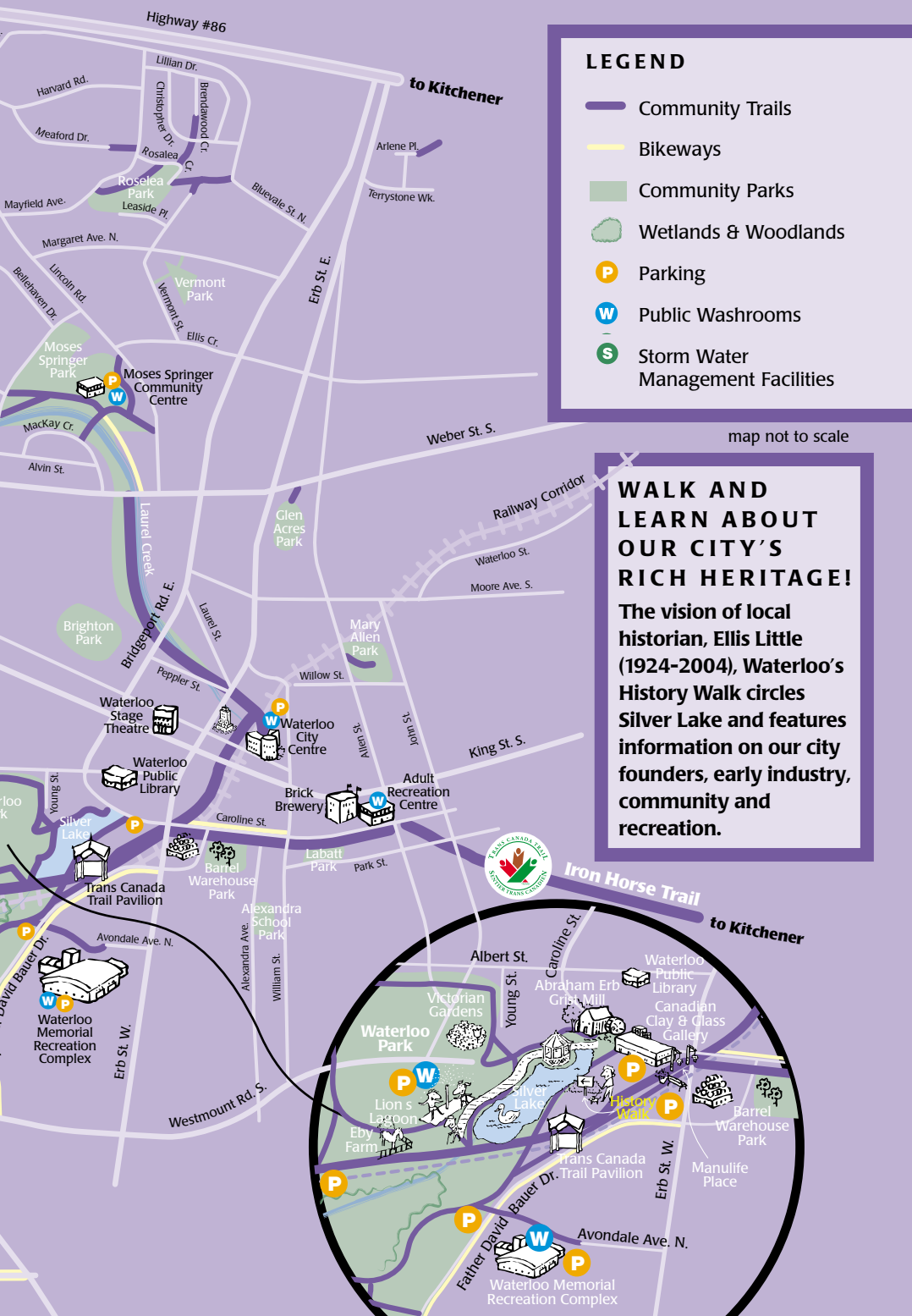
Trans Canada Trail to St. Jacobs

Woolwich Township



See Map 1 for  
Laurel Creek Trails





**LEGEND**

- Community Trails
- Bikeways
- Community Parks
- Wetlands & Woodlands
- Parking
- Public Washrooms
- Storm Water Management Facilities

map not to scale

**WALK AND LEARN ABOUT OUR CITY'S RICH HERITAGE!**

The vision of local historian, Ellis Little (1924-2004), Waterloo's History Walk circles Silver Lake and features information on our city founders, early industry, community and recreation.

