



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

# WOW Waterloo - monthly spotlight



[waterloo.ca/seniors](http://waterloo.ca/seniors)

# WOW WATERLOO



To register,  
call **519-579-1020 x10037**

## About the program

WOW Waterloo is open to all older adults residing in Waterloo. To promote a welcoming and safe setting for all, we ask that participants observe our Respectful Conduct guidelines.

- To participate in a kind and respectful manner
- To create an inclusive environment that honours people of all cultures, traditions, faiths, genders, sexual orientation, abilities, and life experiences
- To respect all group members and their opinions, even if they differ from your own
- To allow the facilitator, volunteer or guest speaker to lead the conversation or activity
- To allow everyone a chance to speak and participate by not dominating conversations
- To maintain confidentiality – information that is shared on the call by others should be kept private and confidential.



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