



The PAL Card (Personal Attendant for Leisure Card)

The PAL Card is a program that allows individuals with a disability to be accompanied by a personal attendant so that they may have the help they need to participate in recreation and leisure programs and services offered by the municipality and PAL card partners. The personal attendant is not charged the program fee and is present for the sole purpose of assisting the person with the disability.

Where can I use my PAL card?

City	Municipal Program or Facility	PAL Card Partners
City of Kitchener & City of Waterloo	<ul style="list-style-type: none"> • Pools • Arenas • Community Centres (direct leisure programs) • Golf Courses – Doon, Rockway, Grey Silo • City of Waterloo Museum 	<ul style="list-style-type: none"> • Bingemans • Chicopee Ski & Summer Resort (Mon-Fri, 2, 4, or all day passes only) • Chicopee Tube Park • THEMUSEUM • KW Symphony • Waterloo Region Museum • Majestic Mud Pottery Studio (519-653-7742 in Kitchener) • Driftwood Martial Arts • Blueskies yoga • Conestoga Sailing Club • Stork Family YMCA • AR Kaufman YMCA • Games on Tap
City of Cambridge	<ul style="list-style-type: none"> • Aquatics • Arenas • Direct Leisure Programs • Arts, Culture and Special Events 	<ul style="list-style-type: none"> • iBowling • YMCA of Cambridge • Cambridge Butterfly Conservatory • Cambridge Ice Centre
City of Guelph	<ul style="list-style-type: none"> • Aquatics • Arenas • Direct Leisure Programs (Evergreen Seniors Centre, Delhi Community Centre) • Arts, Culture and Special Events • Guelph Transit 	<ul style="list-style-type: none"> • YMCA- YWCA of Guelph
Township of Woolwich	<ul style="list-style-type: none"> • Woolwich Memorial Centre • 2 Ice rinks, Swimming Pool, Therapy Pool, Walking Track, Fitness Centre, Fitness Classes. Free walking track. 	

PAL Card use criteria and/or restrictions:

- Where program or facility policies require the supervision of an adult for a child PAL card holder the PAL card will not be accepted and the adult participating with the child with a disability will be required to pay the admission/fee. For example: A child who is too young to swim alone at a family swim.
- The PAL card is not accepted for ticketed events held at municipal facilities that are operated by external organizations, businesses or promoters. For example: Tickets purchased for events, concerts or Kitchener Ranger hockey games offered at the Kitchener Memorial Auditorium Complex or the Waterloo Memorial Recreation Complex are not eligible for the PAL card program.
- PAL card partners that participate in the PAL card program develop their own criteria for accepting the PAL card at their programs and facilities. Where possible we will outline the criteria for PAL card partner programs on the insert included.
- Cineplex Entertainment Theatres (Galaxy, Cineplex Odeon, Famous Players and Silver City) **DO NOT** participate in the PAL program. However, they do participate in the Access 2 Entertainment Program. You can apply directly through Easter Seals or [Link to Access 2 Entertainment webpage](#). This access card is accepted at a variety of programs, and entertainment venues across Canada.